



VTNG JOINT COVID MITIGATION POLICY 2022-03



AS OF: 18JAN2022

Purpose: To minimize the exposure to and transmission of COVID-19 while ensuring mission accomplishment

Exceptions To Policy (ETP) will be submitted to the Director of Joint Staff (DJS)

VACCINATION

- All members of the VTNG will be fully vaccinated.
- ANG Members- Proof of vaccination (copies of cards) should be sent to 158.FW.158mdg.MDS-Appnt-changes@us.af.mil**
- ARNG Members - Proof of vaccination (copies of cards) will be provided to lance.s.jandreau.mil@army.mil**
- Military personnel requesting religious, medical, or administrative exceptions will adhere to procedures published in FRAGO 42 to OPORD 21-001 (VTNG TG).
- T5 personnel are required to report their vaccination status to HRO on a DD Form 3175.
POC: peter.j.firkey.civ@army.mil
- T32 Technicians must report their vaccination status through military channels and contractors must report their vaccination status to their contracting agency.
- Questions related to state employee vaccination requirements can be routed to David.Henderson@vermont.gov

WHEN TO QUARANTINE

- If NOT fully vaccinated AND boosted (if your primary dose was more than 5 months ago) AND in close contact (within 6' for 15 min or more over 24 hours) with someone who is CONFIRMED POSITIVE. If you received your primary series of vaccines in the last 5 months, you do not need to quarantine.**
- Regardless of vaccination status - If tested positive for COVID-19**
Quarantine procedures - isolate for **5 days** and notify close contacts that you have tested positive. Remain in isolation up to **10 days** if you have symptoms or a fever (**101.3 degrees or more**).

IDT / Drill

- In person drill for FEB 22 IDT is directed. O6 CDRs may direct remote drill based on risk within their individual units.**
- Any SM who exhibits COVID symptoms will be sent home.
- Commanders may administer fitness tests & body composition assessments IAW Service Component guidance.

TRAVEL

- Travel to-from VT: No Restrictions
- Consult federal regulations for International Travel
- Carry COVID card and have an accessible copy

WORKPLACE

- Masks are required inside all VTNG facilities.
- VTNG Facilities remain open to personnel seeking to receive a public benefit and to personnel requiring ad hoc access.
- Telework is authorized IAW J2021-13 VTNG Telework Policy. POC jessi.l.lasly.civ@army.mil
- Employees who are sick or have flu-like symptoms will remain home. Employees should use an appropriate leave category. **POC: HRO Benefits section at ng.vt.vtarng.list.hro-employee-relations-benefits@army.mil**

USEFUL LINKS

- VT Department of Health (<https://www.healthvermont.gov/covid-19>)
- Send questions to christopher.j.gookin.mil@army.mil or lance.s.jandreau.mil@army.mil

APPROVED BY

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FREQUENTLY ASKED QUESTIONS

- **If I receive a COVID Vaccination am I still bound by this policy?**
 - **Yes.** Updates to policies will be published in accordance with the State of Vermont and DOD guidance.
- **Is the Vaccine for Coronavirus safe?**
 - The vaccines authorized or approved by the Food and Drug Administration (FDA) have been thoroughly tested and found to be safe and effective in preventing severe COVID-19. They continue to undergo continuous and intense safety monitoring. For more information, please visit: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/safety-of-vaccines.html>
- **What does “Fully Vaccinated” mean?**
 - You are fully vaccinated two weeks after you received two doses of either the Pfizer or Moderna vaccines, or one dose of the Johnson & Johnson vaccine. You are highly encouraged to remain “up to date” with your vaccinations which means getting a booster shot when recommended. Most healthy adults should get their booster dose five months after their primary series.
- **What exactly does “Close contact” mean?**
 - Being within 6 feet, for a total of 15 minutes or more over a 24-hour period, of someone with COVID-19 during their infectious period. **The infectious period** is when the person with COVID-19 is contagious. It starts two days before symptoms began and continues until they are recovered. For people who haven't had symptoms, the infectious period starts two days before they had a positive test.
 - **EXAMPLES OF CLOSE CONTACTS**
 - You live in the same home.
 - You are intimate partners.
 - You rode in the same car.
 - You had dinner together.
 - **EXAMPLES OF NOT CLOSE CONTACTS**
 - You were their cashier at the grocery store.
 - You were their server at a restaurant.
 - You were in front of the person in line at the store.
 - You're a coworker who briefly walked by to ask a question
- **If I test positive, when do I return to work?**
 - Asymptomatic employees can return to work 5 days after the positive test. Symptomatic employees can return to work when 10 days have passed since symptoms first appeared AND no longer have a fever (101.3 degrees or more). The term asymptomatic literally means the absence of symptoms, in contrast to the term symptomatic, meaning symptoms are present.
- **What are the symptoms of COVID-19?**
 - Cough, Shortness of breath or difficulty breathing, Chills, Fatigue, Muscle or body aches, Headache, Sore throat, New loss of taste or smell, Congestion or runny nose, Nausea or vomiting, Diarrhea
- **Do I need to quarantine if someone I had close contact with is under quarantine?**
 - No, you do not need to quarantine if you had close contact with someone who is under quarantine. If you are living with someone who is under quarantine, stay at least 6 feet from them. People under quarantine should wear a mask in common spaces, use a separate bathroom, eat separately, and otherwise not be in close contact with others in the household who are not under quarantine. Be sure to disinfect commonly touched surfaces, and check yourself for symptoms for 14 days.
- **When should service members report COVID exposure to their Chain of Command?**
 - When directed to quarantine by a medical authority or a contact tracer
 - When tested Positive for COVID-19